

# SHOPPING LIST for 3-MONTH's STORAGE

Buy items as they come on sale. Check them off as you purchase them.

Save your list as a reference to use when filling out your next list. Replenish items whenever they go on sale again.

<b>BOXED/BAGGED</b>	<b>BOTTLED</b>	<b>CANNED</b>	<b>REFRIGERATED/FROZEN</b>	<b>NON-FOOD</b>
<u>Cereals</u>	<u>P.Butter-Jellies-Honey</u>	<u>Vegetables-Fruits</u>	<u>Vegetables-Fruit</u>	<u>Toiletries</u>
<u>Pastas-Rice</u>	<u>Dressing-Sauces</u>	<u>Sauces</u>	<u>Dairy-Cheese</u>	<u>Soaps-Cleaners</u>
<u>Crackers-Cookies-Chips</u>	<u>Condiments</u>	<u>Meats</u>	<u>Meats</u>	<u>Paper Goods</u> <small>TP-Tissue-Towels</small>
<u>Dry Baking Products</u>	<u>Liquid Baking Products</u>	<u>Soups</u>	<u>Dinners-Entrées</u>	<u>Medication-Vitamins</u>
<u>Mixes-Desserts</u>	<u>Juice-Drinks-Water</u>	<u>Beans</u>	<u>Juice-Desserts</u>	<u>Feminine or Baby Needs</u>
<u>Other</u>	<u>Other</u>	<u>Other</u>	<u>Other</u>	<u>Other</u>